

## Checklist Baby's First Supplies

### For the bassinet or crib:

- sturdy mattress, 6 to 10 cm thick
- mattress protector pads
- 3 flannel cloth wipes
- 2 mattress sheets
- 2 top sheets
- 2 blankets (wool or cotton)

### Baby clothes:

- 6 undershirts or onesies
- 6 tops and pants or 6 baby overalls (in two different sizes)
- 2 hats
- 1 bath towel 'cape' or shower receiving cloth
- 12 cloth wipes
- 6 burping cloths
- 4 baby washcloths

It is advisable to wash all baby's supplies in advance, without any softener.

### Further you will need:

- changing pad with two covers
- 1 pack of oil/lotion wipes
- 1 pack of disposable diapers
- 1 digital thermometer (no 'in ear' thermometer)
- hairbrush and comb
- baby bathtub with a standard or 'tummytub'
- eventually soap-free bath gel, baby oil, baby lotion
- tube Vaseline
- diaper trash can with lid
- 1 or 2 metal hot water bottles with covers

### If you will be breast feeding the baby:

- 1 pack of breast pads
- 1 breast feeding bra

### If you will be bottle feeding the baby:

- 2 baby bottles
- 2 bottle nipples for new born babies
- a bottle brush
- special formula for new born babies (if you or your partner are known to have allergies, please purchase hypoallergenic formula).