

### Checklist hospital bag / maternity bag

We strongly advise for you to pack the following:

- Insurance card and your ID
- Night gown or top to be worn during the delivery
- Night gown or top to be worn after the delivery
- Extra underwear
- Toiletry bag: toothbrush, soap, etc.
- Warm socks
- Lip balm and energy tablets (sugar-candy like), waterbottle (bidon)
- Clothing for the baby: bodysuit, clothing set, 2 hats, socks, warm blanket or jacket
- Photo camera or smartphone
- Baby car seat (Maxi-Cosi)
- 2 Euro coin for the wheelchair at the hospital

You do not have to bring disposable items to the hospital, such as diapers, maternity pads or formula.