

### **Pregnancy and Birth**

Our care is aimed at creating a safe and healthy environment for pregnancy and birth in which the family is central.

When you are pregnant in the area Amstelland Meerlanden you can register with a midwife practice near you. At the first appointment around 8 weeks pregnancy, we check which care suits your situation. With the midwife when possible, with the gynecologist when needed. The maternity nurse supports you during labour and after giving birth.

# **Cooperating Parties**

Birthcare in the area Amstelland Meerlanden is organised in a Obstetric Cooperating partnership. It is called VSV, Verloskundig Samenwerkingsverband. It is a cooperation between midwifery practices in Amstelveen, Amsterdam, Aalsmeer, Uithoorn, Mijdrecht, gynecologists from Amstelland Hospital and maternity care organisation De Kraamvogel, Zin Kraamzorg and Kraam & Co.

# **Individual Care Path**

At the first appointment, the intake, the obstetric care provider will go through a questionnaire with you. These questions concern, among other things, your medical history, your personal situation and possibly hereditary familial disorders.

You also receive information about lifestyle, food and prenatal screening.

After the intake the midwife agrees with the gynecologist if necessary and then discuss with you your individual care path and which checks fit your situation.

Some medical issues are reason to receive care from the gynecologist during whole pregnancy and labour.

You have to arrange your maternity care yourself between 12-14 weeks of pregnancy and confirm your pregnancy at your insurance company.

# Care providers in the Amstelland region:

### **Midwives**

verloskundigenaalsmeer.nl/home verloskundige-amstelveen.nl verloskundigenamstelveen.nl verloskundigenpraktijkhygiea.nl verloskundigenpraktijkuithoorn.nl verloskundigenderondevenen.nl

# **Gynecologist**

ziekenhuisamstelland.nl/nl/patienten/specialismen-en-afdelingen/gynaecologie-verloskunde/

### **Maternity care**

dekraamvogel.nl zinkraamzorg.nl kraamenco.nl